



	Lundi	Mardi	Mercredi	Jeudi	Vendredi
	Coaching : Gaëlle	Coaching : Jean-Pierre	Coaching : Jean-Pierre	Coaching : Jean-Pierre	Coaching : Gaëlle
8h00-8h45				SMALL GT / BADMINTON	
11h30-12h15	VOLLEY	BADMINTON	BASKET	BASKET	BADMINTON
12h15-13h00	PILATES / VOLLEY	CARDIO FIT	BODY BARRE	CROSS TRAINING	FUN DANCE / VOLLEY
	Coaching : Rayane	Coaching :	Coaching : Jean-Pierre	Coaching : Lori	
17h30-18h15	VOLLEY	HANDBALL	BADMINTON	BASKET	
18h30-19h15	CROSS TRAINING	RMG	SMALL GROUP TRAINING	HANDBALL / STRETCHING	
19h15-20h15	BADMINTON	BADMINTON	VOLLEY	FUTSAL	